



FREE TRIAL VOUCHER

Bookings essential. Call us to make a time for your free trial with one of our MedStrength instructors.

Please bring this voucher with you, along with comfortable clothing and suitable footwear.

During the trial session you will be introduced to the MedStrength training concept. Your training goals and specific training requirements will be discussed and you will be introduced to an initial few exercises on the MedX strength training machines.

If you have an existing medical or physical condition, we suggest you consult your doctor first.

We look forward to seeing you.

The Team at MedStrength

MedStrength (09) 623 0045 or
Functional Physio (09) 623 0787
12 Normanby Rd, Mt Eden, Auckland

MedStrength
Strengthen for Life